

2019 Holiday Care

The Health Care Center and HCC Pharmacy will be **closed from Dec 24 at 5:00 pm until Jan 2 at 8:00 am**. Save time and money by picking up prescription refills before Winter Break! Primary care patients can still reach us after normal business hours and any time on weekends. Parents of newborns and breastfeeding moms, we're here for you too!

Primary Care Patients Only: Using the HCC Answering Service

For health care questions after 5 p.m. on weekdays and any time on weekends, Christmas Day and New Year's Day reach the on-call provider by calling the HCC at 919-531-8809 and following the voice mail prompts.

Employees and family members pay the appropriate co-pay when seen at urgent care centers and medical facilities that participate in the Blue Cross/Blue Shield PPO network.

Prescriptions: GET YOUR MEDS!

The HCC Pharmacy will be closed from 5 p.m. Dec 24 until 8 a.m. on Jan 2, 2020. Get your prescription refills before you leave for the holidays! Refills not picked up before winter break will be processed under the 2020 prescription drug plan when we return in January.

Early refills. Refills normally due between Dec 24 and Jan 2 can be refilled early at the HCC pharmacy. Early means before 5 p.m. on Dec 24.

Skip the line, save time. Request refills by Monday, Dec. 16. Pick up that day or as early in the week as possible, but no later than 5 p.m. on Dec 24.

Save money, too. 30-day prescriptions for generic drugs are only \$5 at the HCC Pharmacy but cost \$10 at Walgreens and all other retail pharmacies. If you don't get your prescription refill at the HCC Pharmacy before the holiday break, you may request your refill at any retail Walgreens.

Remember - only the HCC Pharmacy can fill and refill 90-day prescriptions.

Special Holiday Coverage for Newborns and Breastfeeding Needs

While SAS and the Health Care Center are closed Dec 25 through Jan 1, there may be times when newborns and breastfeeding mothers need consultation or assistance. An HCC nurse practitioner is on call to address your concerns from 8:00 a.m. to 5:00 p.m. each non-holiday weekday (since the answering service is not available until 5:00 p.m.). To access a lactation consultant, call the HCC at 919-531-8809 and follow the voicemail prompts. Messages are checked periodically each day and calls are returned the same day.

Additional resources include:

- Nursing Mothers of Raleigh (919) 847-4903
- <u>La Leche League</u> (919) 755-6400
- Triangle Lactation Consultants (919) 845-8826