

Natatorium Schedule – February 2012

	Monday	Tuesday	Wednesday	Thursday	Friday
7:15AM		Intermediate II		Intermediate II	
9:30AM	WATER AEROBICS		WATER AEROBICS		
10:00AM					
11:15AM	Swim Conditioning	AQUA STEP & BELLS		Intermediate I	Swim Conditioning
12:15PM	WATER WALK & TONE		No Water Sports Scheduled for February	AQUA KICKBOXING	
1:00PM		Beginner II		Beginner II	
2:00PM	POOL CLOSED for Maintenance 2:00-3:00PM				
3:00PM	Cary Academy Swim Team 3:30-5:40PM Practice November 1st – February 2012 Limited Lanes Available				
5:30pm	WATER AEROBICS	WATER AEROBICS	POOL PLYOMETRICS		POOL CLOSED At 2pm Feb 10th & 17th Valentine Swim & Fairy Tale Evening